

Date: 12, July 2023
Time: 1:00 pm
Location: Kinsmen Room, Meridian Community Centre

Attendance: Alan Bown
Tony Ferrara
Ty Bolibruk
Pat O'Hara
Shellee Niznik, Councillor
Randy Gananathan, Vice-Chair
Lynn Reynolds, Chair
Katharine Champaigne, Masters of Gerontology Student
Dorie Thomas, Facility Rentals Associate
Brittany MacLeod, Active Living Programmer

1. Call to Order and Declaration of Quorum

Noting that quorum was present, Chair Lynn Reynolds called the meeting to order at approximately 1:03 pm.

2. Land Recognition Statement

Chair Lynn Reynolds recited the land recognition statement.

3. Approval of Agenda

Moved by Pat O'Hara
Seconded by Alan Bown

THAT the agenda for the July 12, 2023, regular meeting of the Pelham Seniors Advisory Committee be adopted.

Carried

4. Declaration of Pecuniary Interest and General Nature

There were no pecuniary interests disclosed by any of the members present.

5. Approval of Minutes

The Committee approved the minutes from the June 14, 2023, Pelham Seniors Advisory Committee Meeting.

Moved by Pat O'Hara
Seconded by Alan Bown

6. Unfinished Business

6.1 PSAC Meetings During the Summer

Meetings will continue through the summer months.

Moved by Alan Bown
Seconded by Tony Ferrara

7. Regular Business

7.1. Introduction – Ty Bolibruk, new member of Pelham Senior's Advisory Committee

Ty provided an outline of her education, employment, and interest in the older population. The Committee introduced themselves and welcomed Ty to the Committee.

Moved by Pat O'Hara
Seconded by Alan Bown

7.2. Upcoming Program Updates

Katharine provided information on the 55+ Seminar and Social Series. The sessions will be held on a monthly basis with presenters from various organizations. Session on July 19th will be presented by Community Support Services of Niagara (CSSN).

Brittany and Katharine asked for suggestions on what members would like for the December sessions. An intergenerational Holiday wreath making workshop is one suggestion the Committee Supported.

Brittany also had mentioned that Brock FIT, a very popular exercise program for Pelham's 55 plus population, would continue running for the summer.

Moved by Tony Ferrara
Seconded by Alan Bown

7.3. Seniors Survey Results

Responders to the survey was low. Of those who did participate, responses were positive. A suggestion was made to hand out surveys at the upcoming Seminar Series presentations and to encourage discussion at the end of the session. To meet the needs of seniors in Pelham, more feedback is needed.

Moved by Randy Gananathan
Seconded by Lynn Reynolds

7.4. Alternate Seniors Lounge Ideas

Discussion took place regarding bringing back a designated lounge area for seniors at the Meridian Community Centre. The former lounge area was too small and difficult to access. This in addition to COVID, a poor and noisy location and membership fee were likely all reasons that the lounge was transformed to a space that could be used more efficiently. Brittany mentioned that the entire facility can be used by Seniors, perhaps eliminating the need for a designated space. However, the Active Living Lounge was introduced after the Active Living Centre designation to complement the existing commitment to the 55+ crowd. \$13,000 was spent to provide furnishings and a wide screen TV. The purpose was to encourage social interaction and provide a dedicated space for Seniors. Further discussion is required to generate more ideas.

The Committee was reminded that self-serve coffee is available outside of the walking track Monday to Friday. Coffee, sugar, milk, cream, and a payment box is set out at 8:00 am.

Moved by Alan Bown
Seconded by Pat O'Hara

7.5. Communication with Seniors

Ideas on how to increase communication with seniors took place. The stand up posters used for the CSSN presentation seem very effective. There was further discussion around perhaps having a generic business card for committee members. Brittany will see if a 'question/contact us' area can be

added to the 55+ area of the website for communication. There was also discussion of TV advertising, COGECO flyers at events like Summer Fest and in condos, seniors residences, etc.

Katharine and Dorie will post signs and share information with local Seniors Residences about the Seminar next week.

It was discussed that the annual budget of \$5000.00 provided from Council has yet to be used, which can be put towards future communication methods.

Moved by Alan Bown
Seconded by Tony Ferrara

8. Adjournment

Moved by Alan Bown
Seconded by Tony Ferrara

THAT this Regular Meeting of the Pelham Seniors Advisory Committee be adjourned at 2:30 pm.

Carried

Lynn Reynolds
Lynn Reynolds (Sep 11, 2023 10:03 EDT)

Chair, Lynn Reynolds

Dorie Thomas

Dorie Thomas, Facility Rentals Associate