

Pelham Senior's Advisory Committee Agenda
Tuesday, December 18th, 2019 @ 1:30 p.m.

Present: Sharon Cook (President)
Councillor Marianne Stewart
Del Leney (Vice President)
Wayne Olson
Susan Buckingham
Elena Simone-Simonetti
Brittany MacLean (Active Living Programmer)

Absent with Regrets: Anna Oakes (Lookout Ridge)
Dave Nicholson
Anne Villalta
Gwen MacDougall (Library)
Julie Cook (Senior Programmer)

1. **Declaration of Quorum and Call to Order**-1:45pm by Sharon Cook
2. **Additions to Agenda**
 - Caregivers Club with Alzheimer's Association
 - PSAC goals brochure
3. **Adoption of Agenda**
Motioned by: Wayne Olson
Seconded by: Del Leney
4. **Disclosure of Pecuniary Interest and General Nature thereof**
None.
5. **Approval of Minutes of Previous Meeting.**
Moved by: Elena Simone-Simonetti
Carried by: Wayne Olson

THAT the minutes of the November 6, 2019 Pelham Seniors Advisory Committee meeting be approved, as amended.
CARRIED

From the Department of



**Recreation, Culture
& Wellness**

6. **Correspondence**-None.

7. **Business Arising from Minutes:**

- **Niagara Age Friendly Network Meeting November 29, 2019- Big event in May for Seniors in the Region-** An event will take place at the MCC in May and will encourage seniors to get moving. This event will include keynote speakers, lunch and circuit style activities to get seniors moving. The ideas for names created by PSAC members include "Seniors in motion" or "the confidence course". The hope is to partner with Niagara College or Brock University to help lead activities. Sharon will be having a telephone conference on January 7 to arrange the organizational aspect of the event and will provide us more information at the meeting to follow. When discussing finances, members had the idea of having each municipality contribute a couple hundred dollars to help pay for the rental, guests, equipment, etc. It was also discussed that the equipment purchased for the Brock Fit program to be used for this event. There is full support from the Seniors Advisory Committee, who have all offered to pitch in wherever they can. May 5th or 12th are the dates currently being discussed, but a confirmed date will follow discussions at further Niagara Age Friendly Meetings.
- **PSAC Logo- approved**
Moteded by: Susan Buckingham
Secoded by: Elena Simone-Simonetti
- **Automatic Door Opening to Lounge-** A request has been made with James, and an inquiry is in place for the price. We will follow up at our following meeting.
- **Forum Evaluation with Brock Godfrey-** The forum was a great success, and we heard great feedback from the attendees. The only issue discussed was with the lunch, as we ran out of food. It was suggested that we either a sign to indicate that payment for lunch is needed, or offer a boxed lunch to guarantee everyone gets the same portions food based on what they had paid. Brock is interested in returning for more forums in the future, and having him back in November 2020 is currently being discussed.
- **Housing regulations for seniors-** The province of Ontario is changing how non-for-profits are running, where it must be transparent who owns the building. Talk of another forum or information session on landlord tenant rights is being discussed. This would help to inform renters and tenants what their rights are, while also providing resources for seniors to gain further information.
- **Say it on Stage Report-** SAY IT was a great success! During the performance Youth would help the Seniors out when lines were missed to take the place of

private pauses. This provided the seniors with the opportunity to have fun, when many of their lives require caring for loved ones, health difficulties, etc. There is discussion about having this program run again in the future. A recommendation has been made to consider purchasing mats to cover the ice in the large arena, which would be paid for the events being held there or through grants. This would provide space for a theatre opportunity, as the community and members feel as though the Accursi room was not adequate for large theatre performances.

Motioned: Susan Buckingham

Second: Del Leney

- **PSAC Goals Brochure-** PSAC approve of the changes that have been made, and would prefer having it printed on a glossy paper when the printing process takes place. The front panel is too wide when folded, so the layout should be looked at before the final copies are printed. The year should be changed from 2019 to 2020. Members will take the brochure home to review and it will be discussed at the next meeting.

8. **New Business**

- **Seniors calendar in the Voice-** Members feel as though this method is too costly, and are inquiring about the cost of having it as an insert in the paper rather than on a page. We will be going ahead with it for January, but will reconsidered for the new year.
- **Name Tags-** Susan, Elena, Mary-Anne need name tags and Elena and Mary-Anne needs a t-shirt. Members are interested in obtaining pricing for jackets. This conversation led to the motion that members should be informed each month of their monthly financial report
 - Moved by Susan Buckingham
 - Seconded by Elena
- **Evaluation 2019-** PSAC has accomplished more this year than in years past, and have become efficient and action oriented as a team. The Seniors Fair, Forum, memberships and SAY IT have all been successful, and PSAC have plans to move ahead and continue this way in the future. The evaluation was very positive from all members
- **Looking to 2020-** PSAC has goals planned; Landlord tenant act forum, region wide event in May, Brock Godfrey for a second scam forum in November, volunteer opportunities event and more. Some priorities include building the memberships, the Senior VIP Program and seniors month events. PSAC is interested in knowing how much money they have to spend from the grant we just received and the parameters on how we must spend it. A proactive list for the future will be made to showcase what expenses will be required throughout the year, which will assist in budgeting the money available. At the January meeting an expenditure list for 2021 will be created, which will be updated monthly to propose to council as a budget request for 2021 list.

- **Caregivers club-** We will be partnering with the Alzheimer Society on April 1 to host a free screening of The Caregivers Club, from 1-3pm. This is a film about 4 families and their journey with dementia. This event will include refreshments, treats and a Q&A after the screening.

9. **Next Meeting:** Thursday, January 16th, 2020 from 1:30-3:30pm

10. **Adjournment**

Moved by: Sharon Cook

THAT the meeting of the Pelham Seniors Advisory Committee meeting, December 18, 2019 adjourned at 3:26pm.

CARRIED.


Sharon Cook, Chair
Secretary